

BREAKFAST *8am-4pm*

Lightly-Toasted Banana Bread Two Slices Butter Jam <i>add cream</i>	58 10
Health Bowl Full Cream Yoghurt Homemade Granola Honey Fresh Fruit	90
Scrambled Egg & Bacon on Sourdough	80
Spicy Chicken Livers Poached Egg Toasted Ciabatta	95
Smashed Avo on Toast Toasted Sourdough Rocket Feta <i>add egg bacon</i>	80 12 28
Free-Range Egg & Bacon Bun Plain With Rocket & Chipotle <i>add slice of cheddar & tomato</i>	60 65 12
Low-Carb Breakfast Avo Spinach Haloumi Poached Eggs Balsamic Cherry Tomatoes <i>add bacon</i>	100 28
Salmon Breakfast Smoked Salmon Trout Cream Cheese Wholewheat Toast Smashed Avo Drizzle of Chilli Oil <i>add poached egg</i>	110 12
The Full Monty Eggs Bacon Balsamic Cherry Tomatoes Mushrooms Pork Sausages Brown or White Toast	110
Breakfast Burger Pure Beef Patty Fried Egg Bacon Rocket Cheddar	125
Eggs Benedict Courgette & Potato Rosti Poached Eggs Hollandaise Sauce Chives Bacon <i>replace bacon with smoked salmon</i>	110 15
Sweetcorn Scramble Scrambled Eggs Sweetcorn Bacon Spring Onion Avo Rosa tomatoes Parmesan Shavings Micro Greens Ciabatta	115
Shakshuka Spiced Tomato Relish Bell Peppers 2 Poached Eggs Cannellini Beans Feta Ciabatta <i>add chorizo</i>	95 28
Roasted Chicken Mayo Sandwich Chicken Mayo on Sourdough Side Salad or Fries	90
Open Tuna Sandwich Tuna Salad on Sourdough Side Salad or Fries	90
SIDES	
Skinny <i>or</i> Sweet Potato Risotto With Chipotle or Garlic Mayo	40
Side Salad Baby Spinach Rocket Tomato Seeds Feta	40

café Roux

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WOODFIRED PIZZA

Gluten-Free Base **35** | Vegan Cheese **20**

Pizza Bread Garlic Feta Onion	80
Margherita Tomato Base Mozzarella Herbs	95
Hawaiian Ham Pineapple	115
The FAB Feta Avo Bacon	145
Piccante Salami Chilli Garlic Green Pepper Onion	145
Funghi Black Mushroom Garlic Feta Thyme	130
The Roux Bacon Chicken Red Pepper Feta Avo	160
Vegetarian Cinque Artichoke Mushroom Asparagus Olives Red Pepper	145
The Cipolla Bacon Thyme Red Onion Avo Crispy Onion	150
Carne Chorizo Italian Sausage Onion Chilli Red Pepper Mushroom	165
Estivo Chicken Pineapple Peppadew Peri-Peri Sauce	150
Parma Parma ham Rocket Rosa tomatoes Parmesan Shavings	165
BURGERS	
<i>all burgers served with lettuce, tomato, gherkin & side of your choice</i> Low Carb/Vegan Roll 25	
Cheddar Burger Pure Beef Patty Cheddar	140
Vegetarian 'Shroom Burger Crumbed Field Mushroom Brie Garlic Mayo	135
Chicken Burger Free-Range Chicken Chipotle Mayo Avo Cheddar Feta	145
Go BIG or Go Home Burger Pure Beef Patty Bacon Caramelised Onion Brie	155
The Big Daddy Burger Pure Beef Double Patty Double Cheddar	160
Vegan Plant-Based Beyond Burger™ Plant-Based Patty Vegan Cheese Green Tahini Sauce	160

PASTAS

Gamberi Linguini Prawns Pomodoro Cream Cherry Tomatoes Parmesan Shavings	165
Pasta Ai Funghi Exotic Mushroom Mix Cream Herbs Parmesan Truffle Oil <i>add ham bacon chicken</i>	145 20 28 28
Zesty Salmon Pasta Smoked Salmon Trout Leeks Dill Chilli Flakes Lemon Parsley Butter	150
Home-Made Beef Lasagne With Side Salad	140
Pesto Pasta Pesto Mushrooms Baby Spinach Cream Rosa Tomatoes Spring Onion <i>add bacon chicken</i>	135 28 28
Aglio e Olio Spaghetti Olive Oil Parsley Garlic Shavings Chilli Flakes Grated Parmesan <i>add bacon</i>	115 28

MAINS

Calamari Tender Deep-Fried Calamari Strips Fries or Side Salad	140
Crispy Battered Hake Tartare Sauce Fries or Side Salad	140
Calamari & Hake Combo Fries or Side Salad	185
Beef Tagliata 200g Seared Beef Slices Chilli & Ginger Dressing Fries and Side Salad	180
Steak & Chips 300g Rump Bearnaise or Pepper Sauce	200

SALADS

Add Seasoned Chicken **28**

Power Salad Quinoa Spinach Broccoli Rocket Toasted Seeds Avo Mint Dressing Feta or Vegan Almond Cheese	115
Crispy Butternut & Goat's Cheese Salad Sun-Dried Tomatoes Parmesan Shavings Avo Honey-Soy Dressing	105
Cobb Salad Cos Lettuce Chicken Bacon Cherry Tomato Avo Egg Crispy Onion Ranch-Style Dressing	130
Beef Carpaccio Beef Carpaccio Rocket Black pepper Parmesan Shavings Vinaigrette <i>add small garlic bread</i>	120 40
Parma Ham Salad Artichoke Rocket Rosa Tomatoes Pickled Red Onion Parmesan Shavings Olive Oil Sea Salt	130
House Salad Julienne Carrots Rosa Tomatoes Red Onion Radish Cucumber Lettuce Vinaigrette	80

COFFEE

Americano	28
Cappuccino	35
Flat white	35
Latte	37
Skinny	35
Frappuccino	45

add almond or oat milk

TEA

Ceylon Rooibos Mint	27
Camomile Green English Breakfast Earl Grey	
Fresh Ginger Mint Honey	28
Rooibos Latte	35
Red Cappuccino	35

HOT BEVERAGES

Hot Chocolate	40
Chai Latte	40
Dirty Chai	44

WINES

	Glass	Bottle
Ken Forrester Petit Sauv Blanc	55	195
Diemersdal Sauv Blanc	65	240
Cape Point Vineyards "Noordhoek" Sauv Blanc	75	275
Groote Post Sea Salter Sauv Blanc	95	360
Jordan Chameleon Chenin	65	225
AA Badenhorst Secateurs Chenin	55	190
Cederberg Chenin	75	275
Anura Chardonnay	65	240
Migliarina Chardonnay	95	350
Terra Del Capo Pinot Grigio	65	230
Anthonij Rupert Wines Protea Rosé	55	195
Diemersdal Rosé	65	240
Vriesenhof Rosé	70	250
Vrede en Lust "Jess" Rosé	80	270
KBD Red Blend	50	170
Wolftrap Red Blend	55	185
Reyneke Organic Vinehugger Cab/Merlot	80	275
Kanonkop Kadette Cape Red Blend	85	295
Vriesenhof Jan Boland Coetzee Red Blend	90	320
Mount Rozier Pinot Noir	70	240
Doolhof Pinotage	65	220
Anura Cabernet	75	260
Ernie Els "Big Easy" Cabernet	80	275
Anthonij Rupert Wines Protea Merlot	55	195
Diemersdal Merlot	85	295
Jordan Chameleon Syrah	60	210
MAN Shiraz	65	220



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HEALTH DRINKS

Orange Juice	40
Mango Juice	40
Bottled Cold-Pressed Juices 300ml	55
Kombucha Organic Rooibos Buchu Lemon	48
Ginger	

Sir Fruit

Immune Booster Shots Smoothies	
100% Fruit Juices Kids Range	



Triple Berry Smoothie	50
Mixed Berries, Banana, Full-cream Yoghurt and Honey	

BEERS & CIDERS

ON TAP

	300ml	500ml	1,5l Jug
Castle Lite Lager	40	58	160
Jack Black Brewer's Lager	40	58	160
Heineken European Pilsner	40	58	160
Windhoek Premium Lager	40	58	160
South Locally Brewed Pale Ale	42	60	166
Jack Black Cape Pale Ale	44	64	174
Jack Black Atlantic Weiss	44	64	174
Everson's Original Apple Cider	46	66	178
3L Tower of Castle Lite			295

BOTTLED

Heineken Lager	40
Amstel Lager	40
Castle Lager	40
Castle Lite Lager	40
Windhoek Lager 440ml	43
Windhoek Draught 440ml	43
Hunters Dry Cider	43
Savanna Premium Cider	46
Savanna Lite Premium Cider	46
Loxtonia Stonefruit Cider	49
Loxtonia Crispy Apple Cider	49



NON - ALCOHOLIC

Heineken 0.0	40
Devil's Peak Hero	40
Savanna Free	43
Everson's Pomegranate Sparkling Apple Cider	43
Everson's Original Sparkling Apple Cider	43

SOFT DRINKS

Still Sparkling Water 500ml	30
Still Sparkling Water 1L	45
Sodas 200ml	26
Sodas 300ml	32
Grapetiser Appletiser	35
Bos Iced Tea Lemon Peach Berry	35
Kiddies Apple Juice Box	30
Rock Shandy	45

MILKSHAKES

	Kiddies	Adult
Vanilla Chocolate Strawberry	40	50
Salted Caramel Bubblegum Banana		
Cheesecake Oreo	50	60

SPIRITS & LIQUEURS

WHISKY

Jameson
J&B
Johnny Walker Red
Bains
Jack Daniels
Bells
Glenfiddich 12yr

GIN

Gordons
Clemengold
Bombay Sapphire
TEQUILA
Jose Cuervo
Don Julio Blanco

RUM

Captain Morgan Dark
Spiced Gold
Bacardi White

VODKA

Smirnoff
Absolut Blue

BRANDY

Klipdrift
Klipdrift Premium
Richelieu

LIQUEUR

Amarula
Kahlua

SHOOTERS

Jagermeister Apple Sours Caramel Vodka
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COCKTAILS

Aperol Spritz	85
Margarita	85
Classic Mojito	85
Mango & Passion Fruit Mojito	85
Bombay Dry Pink Grapefruit Collins	85
Clemengold Orange & Mint G&T	70
Skinny Bitch Premium Vodka or Tequila,	
Fresh Lime Juice & Soda	75
Dom Pedro	60
Irish Coffee	60

BUBBLES

	Glass	Bottle
Miss Molly Brut		280
Villiera Tradition Brut		360
Steenberg Sparkling Sauv Blanc	65	325
Pierre Jordan Brut 375ml	65	185
Pierre Jordan Belle Rosé Brut 375ml	65	185