

BREAKFAST 8am-4pm

health bowl R85

seasonal fruit | home-made granola
chia seeds | full-cream yoghurt | honey

lightly-toasted banana bread R55

two slices | butter | jam **add** cream R10

scrambled egg & bacon on toasted sourdough R75

spicy chicken livers R90

poached egg | toasted ciabatta

smashed avo on toasted sourdough | rocket | feta R75

add egg R12 **add** bacon R25

free-range egg & bacon bun plain R50

fresh rocket | chipotle chilli R55

add slice of cheddar & tomato R10

low-carb breakfast R95

avo | spinach | haloumi cheese | poached eggs
balsamic cherry tomatoes **add** bacon R25

salmon breakfast R105

smoked salmon | cream cheese | wholewheat toast
smashed avo | *drizzle of* chilli oil

add poached egg R12

the full monty R105

eggs | bacon | balsamic cherry tomatoes
mushrooms | pork sausages | brown **or** white toast

breakfast burger (available all day) R115

pure beef patty | fried egg | bacon | rocket | cheddar

eggs benedict

courgette & potato rosti | poached eggs
hollandaise sauce | chives

bacon R105 smoked salmon R125

carb-free eggs benedict R105

free-range poached eggs | bacon | baby spinach
large black mushroom | hollandaise sauce

uitsmijter R85

2 slices sourdough | gypsy ham | white cheddar | 2 fried eggs

roasted chicken mayo sandwich R80

chicken mayo on sourdough | side salad **or** fries

chipotle chicken club R110

toasted sourdough | chipotle chicken | BLT | avo | salted chips

café Roux

EST. 2006

BURGERS and MAINS

*all burgers served with lettuce, tomato, gherkin & side of your choice
low carb/vegan roll (add R20) 🦋 not available during load-shedding*

cheddar burger R130

pure beef patty | cheddar

vegetarian 'shroom burger R125

crumbed field mushroom | brie | garlic mayo

homemade beetroot & chickpea burger R125

plant-based patty | vegan cheese | green tahini sauce

chicken burger R135

free-range chicken | chipotle mayo | avo | cheddar | feta

'go big or go home' burger R150

pure beef patty | bacon | caramelised onion | brie

the big daddy burger R150

pure beef double patty | cheddar

🦋 calamari R135

tender deep-fried calamari strips | fries **or** side salad

🦋 battered hake R135

crispy battered hake | tartare sauce | fries **or** side salad

🦋 calamari & hake combo R180

fries **or** side salad

beef tagliata R165

200g seared beef slices | chilli & ginger dressing
fries **and** side salad

steak & chips R200

300g rump | bearnaise **or** pepper sauce

slow-roasted shredded beef Ragu pasta R190

pulled beef short-rib | pasta | parmesan

primavera pasta R100

mediterranean roasted vegetables | basil | parmesan

creamy salmon pasta R150

norwegian salmon | peas | parmesan | cream | dill

spaghetti bolognese R125

beef bolognese | parmesan

home-made lasagne R135

with side salad

pasta choice: spaghetti or penne
For zucchini add R35

WOODFIRED PIZZA

gluten-free bases (add R35) - replacement vegan cheese option (add R20) add avo R25

garlic/feta/onion **pizza bread** R80 **margherita** R90

hawaiian R105

ham | pineapple

the FAB R140

feta | avo | bacon

the hangover R140

bacon | chorizo | mushroom | rosa tomato | rocket | egg **(opt.)**

piccante R135

salami | chilli | garlic | green pepper | onion

funghi R125

black mushroom | garlic | feta | thyme

the Roux R155

bacon | chicken | red pepper | feta | avo

vegetarian cinque R130

artichoke | mushroom | asparagus | olives | red pepper

pesto pizza R130

pesto | salami | cherry tomato | feta

the sicily R110

italian anchovy | olives | capers

the cipolla R140

bacon | thyme | red onion | avo | crispy onion

SALADS

add seasoned chicken R25 add avo R25

power salad R110

quinoa | spinach | broccoli | rocket | toasted seeds | avo
mint dressing | feta **or** vegan almond cheese

crispy butternut & goat's cheese salad R100

sun-dried tomatoes | parmesan | avo | honey-soy dressing

prawn cocktail R110

prawns | avo | lettuce | grapes | **homemade** marie rose sauce

cobb salad R125

cos lettuce | chicken | bacon | cherry tomato
avo | egg | crispy onion | ranch-style dressing **on the side**

chunky greek salad R100

olives | feta | green pepper | cucumber
red onion | capers | oregano

SIDES

skinny fries / sweet potato fries R40

with chipotle mayo or lemon & garlic mayo

side salad R45

baby spinach | rocket | tomato | toasted seeds | feta

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COFFEE

americano **R28**
cappuccino **R34**
flat white **R34**
latte **R36**
skinny **R34**

add almond **or** oat milk **R7**

TEA

ceylon | rooibos | mint **R26**
camomile | green | English breakfast | earl grey **R28**
fresh ginger | mint | honey **R27**
rooibos latte **R34**
red cappuccino **R34**

HOT BEVERAGES

hot chocolate **R38** chai latte **R38**

SOFT DRINKS

still | sparkling **water** 500ml **R28**
still | sparkling **water** 1ltr **R42**
sodas 200ml **R25**
sodas 300ml **R30**
grapetiser | appletiser **R35**
bos **iced tea** (*lemon | peach | berry*) **R35**
kiddies **apple juice** **box** **R30**
rock shandy **R45**

MILKSHAKES

	kiddies	adult
<i>vanilla chocolate strawberry</i>	R40	R50
<i>salted caramel bubblegum banana</i>		
<i>cheesecake oreo</i>	R50	R60
frappuccino	R45	

corkage
R50

WINES (*white & rosé*)

glass bottle

Ken Forrester petit sauvignon blanc	R45	R160
Diemersdal sauvignon blanc	R60	R210
Cape Point vineyards sauvignon blanc	R70	R260
Steenberg sauvignon blanc	R90	R320
Glen Carlou petit chardonnay	R50	R180
Durbanville Hills chardonnay	R60	R200
Cap maritime coastal chardonnay		R350
Vinologist swartland chenin	R50	R170
Jordan chameleon chenin	R50	R170
Cederberg chenin	R70	R250
Vinologist swartland rosé	R50	R170
Diemersdal rosé	R60	R210
Vrede en Lust "Jess" rosé		R240
Stettyn chardonnay/pinot noir		R200

WINES (*red*)

Cap maritime pinot noir		R350
Ernie Els "Big Easy" cabernet	R70	R260
Fleur du cap cabernet		R280
Vinologist franschhoek merlot	R50	R180
Diemersdal merlot	R70	R260
Steenberg merlot		R420
Vinologist swartland syrah	R50	R180
Eagle's Nest "Little Eagle" shiraz	R75	R280
Groote Post syrah		R375
Wolfrap red	R45	R160
Kanonkop kadette cape blend	R75	R280
Kbd pinotage		R180
Frater family wines shiraz/mouvedre/grenache	R45	R160
Watershed's "Indigo Girl" Kaapzicht blend		R395

HEALTH DRINKS

orange juice **R40**
mango juice **R40**
a selection of bottled **cold-pressed** juices 300ml **R55**
kombucha organic rooibos, buchu **or** lemon ginger **R48**
triple berry smoothie
mixed berries | banana
full-cream yoghurt | honey **R50**

BEERS & CIDERS

on tap 300ml **R40** 500ml **R58**

Jack Black

brewer's **lager** | cape **pale ale** | atlantic **weiss**
super crush **cherry ale** *served on ice*
beer tasting fight of 4 beers x120ml **R60**
heineken | heineken silver | windhoek | castle lite

Loxtonia Cider

stonefruit organic **apple cider**
african sundowner - baobab flavoured

a 1,5l jug of *any draught beer or cider* **R140**
a 3 litre tower of *castle lite to share* **R250**

bottled beers & ciders **R38**

heineken | heineken silver
amstel | windhoek | windhoek draught
castle | castle lite
heineken 0.0 (*non-alc*) | devil's peak (*non-alc*)
savanna | savanna free | hunters | extreme

Bernini spritzer Classic & Blush **R38**



SPIRITS & LIQUEURS

vodka smirnoff | count pushkin | cruz
brandy klipdrift | klipdrift premium | richelieu
rum captain morgan dark | spiced gold
elephantom | bacardi white
tequila jose cuervo | don julio blanco
whiskey jamesons | j&b | johnny walker red | bains
jack daniels | bells | glenfiddich 12 yr
gin gordons | clemengold | bombay sapphire
liqueur amarula | kahlua
dom pedro / Irish coffee **R60**

something naughty?
jager, apple sours, caramel vodka, tequila!

COCKTAILS

	sgl	dbl	jug
Aperol Spritz bubbly, soda & fresh orange	R80		R270
Clemengold orange & mint G'nT	R60	R95	R230
Bombay Sapphire gin & strawberry pink tonic	R75		R270
R & R Elephantom Rum, raspberry soda & lime	R65	R95	R230
Stormy Elephantom Rum, ginger beer & lime	R65	R95	R230
Mojito classic	R75		R270
Mojito Mango & Passion fruit	R75		R270
Long Island Iced Tea	R80		R290

BUBBLES

Miss Molly brut **R275**
Pongracz brut **R380**
Steenberg sparkling sauvignon blanc **R320**
Pierre Jordan
brut 375ml bottle (*3 glasses*) **R180**
belle rosé brut 375ml bottle (*3 glasses*) **R180**
by the glass **R60**

alcohol served from 11am