

## BREAKFAST *8am-4pm*

### health bowl R80

seasonal fruit | home-made granola  
chia seeds | full-cream yoghurt | honey

### warm winter oats R80

fresh banana | roasted nuts | honey

### lightly-toasted banana bread R55

two slices | butter | jam **add** cream R10

### scrambled egg & bacon on toasted sourdough R75

**scrambled egg & smoked salmon** on toasted sourdough R90

### spicy chicken livers R90

poached egg | toasted ciabatta

### smashed avo on toasted sourdough | rocket | feta R75

**add** egg R10 **add** bacon R25

### creamy mushrooms on toasted sourdough R70

**add** egg R10 **add** bacon R25

### free-range egg & bacon bun plain R50

fresh rocket | chipotle chilli R55

**add** slice of cheddar & tomato R10

### low-carb breakfast R95

avo | spinach | haloumi cheese | poached eggs  
balsamic cherry tomatoes **add** bacon R25

### salmon breakfast R105

smoked salmon | cream cheese | wholewheat toast  
smashed avo | *drizzle of* chilli oil **add** poached egg R10

### the full monty R105

eggs | bacon | balsamic cherry tomatoes  
mushrooms | pork sausages | brown **or** white toast

### earl's legendary "all-day" breakfast R110

free-range eggs | bacon | pork sausage | rocket  
toasted ciabatta | mildly-spiced Asian sauce

### breakfast burger (available all day) R110

pure beef patty | fried egg | bacon | rocket | cheddar

### eggs benedict

courgette & potato rosti | poached eggs  
hollandaise sauce | chives

bacon R100 smoked salmon R125

### carb-free eggs benedict R100

free-range poached eggs | bacon | baby spinach  
large black mushroom | hollandaise sauce

### roasted chicken mayo sandwich R80

chicken mayo on sourdough | side salad **or** fries

# café Roux

EST. 2006

## WOODFIRED PIZZA

*gluten-free bases (add R35) - replacement vegan cheese option (add R20)*

### garlic pizza bread R80

feta | onion **add** avo R25

### margherita R85

**homemade** tomato base | mozzarella | Italian herbs

### hawaiian R105

ham | pineapple

### the FAB R135

feta | avo | bacon

### the hangover R140

bacon | chorizo | mushroom | rosa tomato | rocket | egg (opt.)

### piccante R130

salami | chilli | garlic | green pepper | onion

### funghi R120

black mushroom | garlic | feta | thyme

### the Roux R150

bacon | chicken | red pepper | feta | avo

### vegetarian cinque R130

artichoke | mushroom | asparagus | olives | red pepper

### the masala R160

butter chicken | fior di latte | yogurt | coriander | crispy onion

### the ortolana R150

roasted beetroot, butternut & garlic  
rocket | mushrooms | mixed seeds | avo | balsamic glaze

## SALADS

### power salad R105

quinoa | spinach | broccoli | rocket | toasted seeds | avo  
mint dressing | feta **or** vegan almond cheese

**add** seasoned chicken R25 **add** avo R25

### crispy butternut & goat's cheese salad R95

sun-dried tomatoes | parmesan | avo | honey-soy dressing

**add** seasoned chicken R25

### Thai beef salad R160

200g seared beef slices | mixed greens | tomato | red onion  
mint | cucumber | Thai chilli dressing

## BURGERS and MAINS

*all burgers served with lettuce, tomato, gherkin & side of your choice  
low carb/vegan roll (add R20) 🍴 not available during load-shedding*

### cheddar burger R130

pure beef patty | cheddar

### vegetarian 'shroom burger R125

**crumbed** field mushroom | brie | garlic mayo

### vegan plant-based Herbivore burger™ R125

**plant-based** patty | vegan cheese | green tahini sauce

### chicken burger R135

**free-range** chicken | chipotle mayo | avo | cheddar | feta

### 'go big or go home' burger R140

pure beef patty | bacon | caramelised onion | brie

### 🍴 calamari R135

**tender** deep-fried calamari strips | fries **or** side salad

### 🍴 battered hake R135

**crispy** battered hake | tartare sauce | fries **or** side salad

### 🍴 calamari & hake combo R180

fries **or** side salad

### beef tagliata R160

200g seared beef slices | chilli & ginger dressing  
fries **and** side salad

### mildly-spiced prawn curry R165

prawns | bell peppers | baby spinach | rice | poppadom

### roasted cauliflower & chickpea curry R125

coriander | garlic | fresh chilli | poppadom

### mildly-spiced butter chicken curry R140

basmati rice | coriander | poppadom

### slow-roasted shredded beef Ragu pasta R180

pulled beef short-rib | penne pasta | Italian parmesan

### meatballs & mash R150

meatballs | mashed potato | green beans | gravy

## SOUP

### roasted red pepper & tomato R75

sourdough toasted cheese sandwich

## SIDES

### skinny fries / sweet potato fries R40

with chipotle mayo **or** lemon & garlic mayo

### side salad R45

baby spinach | rocket | tomato | *toasted* seeds | feta

## COFFEE

americano **R28**  
 cappuccino **R33**  
 flat white **R33**  
 latte **R35**

**add** almond **or** oat milk **R7**

## TEA

ceylon | rooibos | mint **R25**  
 camomile | green | English breakfast | earl grey **R27**  
 fresh ginger | mint | honey **R27**  
 rooibos latte **R34**  
 red cappuccino **R32**

## HOT BEVERAGES

hot chocolate **R37**  
 chai latte **R37**

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## HEALTH DRINKS

orange juice **R40**  
 mango juice **R40**  
 bottled **green or carrot** juice 300ml **R40**  
**kombucha** organic rooibos, buchu **or** lemon ginger **R45**  
 triple berry smoothie  
 mixed berries | banana  
 full-cream yoghurt | honey **R50**

## SOFT DRINKS

still | sparkling **water** 500ml **R28**  
 still | sparkling **water** 1ltr **R42**  
 sodas 200ml **R25**  
 sodas 300ml **R30**  
 grapetiser | appletiser **R35**  
 bos iced tea (lemon | peach | berry) **R35**  
 kiddies **apple juice box** **R30**  
**rock shandy** **R45**

## MILKSHAKES

	kiddies	adult
vanilla   chocolate   strawberry	<b>R40</b>	<b>R50</b>
salted caramel   bubblegum   banana		
cheesecake   oreo	<b>R50</b>	<b>R60</b>
<b>frappuccino</b>	<b>R45</b>	

## WINES

	glass	bottle
<b>Ken Forrester</b> petit sauvignon blanc	<b>R40</b>	<b>R150</b>
<b>Diemersdal</b> sauvignon blanc	<b>R55</b>	<b>R195</b>
<b>Cape Point Vineyards "Noordhoek"</b> sauv. blanc	<b>R80</b>	<b>R310</b>
<b>Marras Piekenierskloof</b> chenin	<b>R60</b>	<b>R220</b>
<b>Cederberg</b> chenin		<b>R230</b>
<b>Glen Carlou</b> petit chardonnay	<b>R50</b>	<b>R180</b>
<b>Spier Seaward</b> chardonnay		<b>R275</b>
<b>Quando mouvedre</b> rosé	<b>R50</b>	<b>R180</b>
<b>Vrede en Lust "Jess"</b> rosé		<b>R230</b>
<b>Mount Rozier</b> pinot noir		<b>R180</b>
<b>Wolftrap</b> red blend	<b>R40</b>	<b>R145</b>
<b>Frater Family Wines</b> shiraz/mouvedre/grenache	<b>R40</b>	<b>R150</b>
<b>Marras</b> grenache		<b>R240</b>
<b>Beyerskloof</b> pinotage		<b>R220</b>
<b>Kanonkop Kadette</b> cape blend	<b>R70</b>	<b>R260</b>
<b>Ernie Els "Big Easy"</b> cabernet	<b>R70</b>	<b>R260</b>
<b>Diemersdal</b> merlot	<b>R70</b>	<b>R260</b>
<b>Rickety Bridge</b> merlot		<b>R290</b>
<b>Eagle's Nest "Little Eagle"</b> shiraz	<b>R75</b>	<b>R280</b>
<b>Glen Carlou</b> syrah		<b>R385</b>
<b>Watershed's "Indigo Girl"</b> red blend		<b>R375</b>

## BEERS & CIDERS

**on tap** 300ml **R38** 500ml **R55**

**jack black**  
 brewer's **lager** | cape **pale ale** | atlantic **weiss**  
 super crush **cherry ale** *served on ice*

**heineken** | **windhoek** | **castle lite**

**loxtonia**  
 organic crispy **apple cider**  
**stonefruit** organic **apple cider**

a 1,5l jug of any draught beer or cider **R140**  
 a 3 litre tower of **castle lite** to share **R250**

**bottled beers & ciders** **R38**

heineken | amstel | windhoek | castle | castle lite  
 heineken 0.0 (*non-alc*) | devil's peak (*non-alc*)  
 strongbow gold & strongbow berry cider  
 savanna | savanna free | hunters

## SPIRITS & LIQUEURS

**vodka** smirnoff | albatross  
**brandy** klipdrift | richelieu  
**rum** captain morgan dark | spiced gold elephantom  
**tequila** jose cuervo | cabrito reposado  
**whiskey** jamesons | j&b | johnny walker red jack daniels | bells | glenfiddich 12 yr  
**gin** gordons | clemengold | distillery road  
**liqueur** amarula | kahlua

**dom pedro / Irish coffee** **R60**

## COCKTAILS

	sgl	dbl	jug
<b>Aperol Spritz</b> bubbly, soda & fresh orange	<b>R70</b>		<b>R260</b>
<b>Clemengold</b> orange & mint <b>G'nT</b>	<b>R60</b>	<b>R95</b>	<b>R220</b>
<b>Bombay Sapphire</b> gin & strawberry <b>pink tonic</b>	<b>R70</b>		<b>R260</b>
<b>Strongbow</b> Berry Cider & Vodka <b>cocktail</b>	<b>R70</b>	<b>R90</b>	<b>R260</b>
<b>R &amp; R</b> Elephantom Rum, raspberry soda & lime	<b>R60</b>	<b>R95</b>	<b>R220</b>
<b>Stormy</b> Elephantom Rum, ginger beer & lime	<b>R60</b>	<b>R95</b>	<b>R220</b>
<b>Mojito</b> classic	<b>R70</b>		<b>R260</b>
<b>Mojito</b> Mango & Passion fruit	<b>R70</b>		<b>R260</b>
<b>Long Island Iced Tea</b>	<b>R75</b>		<b>R280</b>

## BUBBLES

**miss molly** brut **R260** rosé **R280**  
**Simonsig** Kaapse Vonkel brut **R370**  
**Pierre Jordaan** Brut 375ml bottle (3 glasses) **R170**  
 by the glass **R55**  
**Bucks Fizz** 375ml bubbly + 500ml carafe of OJ **R199**

## VINOLOGIST

*wines with origin*  
**R45** per glass **R160** per bottle

swartland **syrah**  
 stellenbosch **cabernet sauvignon**  
 franschhoek **merlot**  
 swartland **chenin blanc**  
 cape town **sauvignon blanc**  
 swartland **rosé**

**corkage**  
**R50**



alcohol served from 11am