

ALL DAY BREAKFAST

warm cinnamon apple oats

pure maple syrup | roasted hazelnuts | walnuts **R65**

lightly-toasted banana bread

two slices | butter | jam **R45**

add cream **R10**

spicy chicken livers

poached egg | ciabatta **R85**

creamy Portabellini mushrooms

thyme | poached egg | sourdough **R75**

add bacon **R22**

smashed avo on toast **R50**

add egg **R10** **add** bacon **R22**

free-range egg & bacon bun plain **R50**

fresh rocket | chipotle chilli **R55**

add slice of cheddar & tomato **R10**

Low-carb breakfast

avo | spinach | haloumi

balsamic cherry tomatoes | poached eggs **R90**

add bacon **R22**

salmon breakfast

smoked salmon | cream cheese | smashed avo

wholewheat toast | drizzle of chilli oil **R98**

add poached egg **R10**

the Full Monty

eggs | bacon | balsamic cherry tomatoes

mushrooms | pork sausages

brown **or** white toast **R98**

breakfast burger

pure beef patty | fried egg | bacon

rocket | cheddar **R100**

eggs Benedict

courgette & potato rosti | poached eggs

hollandaise sauce | chives

bacon **R95** smoked trout **R125**

carb-free eggs Benedict

free-range poached eggs | bacon | baby spinach

large black mushroom | hollandaise sauce **R95**

Earl's legendary "all-day" breakfast

free-range eggs | bacon | pork sausage | rocket

toasted ciabatta | mildly-spiced Asian sauce **R115**

café Roux

EST. 2006

WOODFIRED PIZZA

gluten-free bases (**add** **R25**) - vegan cheese (**add** **R30**)

garlic pizza bread **R75**

feta | onion

add avo **R22**

margherita

homemade tomato base | mozzarella | Italian herbs **R80**

hawaiian

ham | pineapple **R100**

the FAB

feta | avo | bacon **R125**

the hangover

bacon | chorizo | mushrooms | rosa tomato

rocket | egg (optional) **R135**

the vegetarian quattro

artichokes | mushrooms | olives | red peppers **R130**

piccante

salami | chilli | garlic | green pepper | onion **R120**

inverno

smoked mozzarella | peppadews | caramelised onion **R120**

funghi

black mushroom | garlic | feta | thyme **R110**

the Roux

bacon | chicken | red pepper | feta | avo **R130**

the pollo

chipotle chicken | green pepper | mushroom

garlic | onion | peppadew | avo **R130**

SOUP & SIDES

roasted red pepper & tomato soup

with toasted sourdough cheese sandwich **R75**

skinny fries / sweet potato fries

with chipotle mayo **or** lemon & garlic mayo **R40**

side salad

baby spinach | rocket | tomato | toasted seeds | feta **R40**

BURGERS

all burgers served with lettuce, tomato, gherkin & side of your choice
low carb/vegan roll (**add** **R20**)

cheddar burger

pure beef patty | cheddar **R125**

vegetarian 'shroom burger

crumbed field mushroom | brie | garlic mayo **R125**

vegan plant-based Beyond Burger™

plant-based patty | vegan cheese | green tahini sauce **R155**

chicken burger

free-range chicken | chipotle mayo | avo | cheddar | feta **R130**

MAINS

calamari

tender deep-fried calamari strips | fries **or** side salad **R130**

battered hake

crispy battered hake | tartare sauce | fries **or** side salad **R130**

butter chickpea curry

basmati rice | poppadom | fresh coriander **R120**

creamy basil pesto pasta

chicken | mushroom | cherry tomato | baby spinach **R120**

home-made beef lasagne

side salad **R125**

butter chicken curry

basmati rice | poppadom | fresh coriander **R125**

spaghetti Bolognese

beef Bolognese | parmesan **R120**

beef tagliata

seared beef slices | chilli & ginger dressing

side salad **or** fries **R130**

SALADS

power salad

quinoa | spinach | sprouts | broccoli | rocket | toasted seeds

avo | mint dressing | feta **or** vegan almond cheese **R95**

crispy butternut & goat's cheese salad

sun-dried tomatoes | parmesan cheese

rocket | seeds | honey-soy dressing **R85**

warm & spicy chipotle chicken salad

gem lettuce | sweetcorn | feta | tomato | red onion

baby spinach | avo | parmesan | vinaigrette **R110**

COFFEE

americano **R28**
cappuccino **R33**
flat white **R33**
latte **R35**

add almond **or** oat milk **R7**

TEA

ceylon | rooibos | mint **R25**
camomile | green | English breakfast | earl grey **R27**
fresh ginger | mint | honey **R27**
rooibos latte **R34**
red cappuccino **R32**

HOT BEVERAGES

hot chocolate **R37**
chai latte **R37**

café Roux

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HEALTH DRINKS

orange juice **R30**
mango juice **R30**
bottled **green or carrot** juice 300ml **R40**
kombucha organic rooibos **or** lemon ginger **R42**

triple berry smoothie

mixed berries | banana
greek yoghurt | honey **R45**

SOFT DRINKS

still | sparkling **water** 500ml **R28**
still | sparkling **water** 1ltr **R42**
sodas 200ml **R20**
sodas 300ml **R24**
grapetiser | appletiser **R28**
bos **iced tea** (lemon | peach | berry) **R30**
kiddies apple juice **R22**
rock shandy **R42**
PURA kiddies low-sugar preservative-free juice
peach | mixed-berry | apple | lemonade **R22**

MILKSHAKES

vanilla | chocolate | strawberry | caramel | bubblegum
kiddies **R40**
adults **R47**
frappuccino **R45**

WINES

Ken Forrester petit sauvignon blanc **R145/R35**
Diemersdal sauvignon blanc **R175/R40**
Fryers Cove sauvignon blanc **R275**
Cederberg chenin **R190/R45**
Catherine Marshall Wines amatra chenin **R225**
Haystack chardonnay **R180/R40**
Vrede en Lust "Jess" rosé **R180**
Mount Rozier pinot noir **R160**

Wolftrap red blend **R140/R35**

Kanonkop Kadette cape blend **R240**

Ernie Els "Big Easy" cabernet **R220/R55**

Diemersdal merlot **R230/R55**

Catherine Marshall Wines amatra merlot **R280**

Eagle's Nest "Little Eagle" shiraz **R260/R60**

Cederberg shiraz **R340**

BEERS & CIDERS

on tap 300ml/500ml

jack black brewer's lager **R37/R52**

jack black cape pale ale **R37/R52**

jack black atlantic weiss **R37/R52**

stellenbrau craft lager **R37/R52**

windhoek **R35/R50**

castle lite **R35/R50**

heineken **R35/R50**

Loxtonia draught organic crispy apple cider **R35/R50**

a jug of any draught beer or cider **R140**

a 3 litre tower of castle lite to share **R250**

bottled beer R34

heineken | amstel | castle | windhoek | castle lite

castle free (non-alc) | heineken 0.0 (non-alc)

bottled cider R35

savanna | savanna free | hunters
strongbow gold & strongbow berry cider

SPIRITS & LIQUEURS

vodka **smirnoff**

brandy **klipdrift** | **richelieu**

rum **captain morgan dark** | **spiced gold**

sherry **old brown** | **monis medium cream**

tequila **cabrito resposado** | **jose cuervo**

liqueur **amarula** | **kahlua**

whiskey **jamesons** | **j&b** | **johnny walker red**

jack daniels | **bells** | **glenfiddich 12 yr**

dom pedro (kahlua or amarula) **R50**

Irish coffee **R50**

CAPERITIF

local aperitif wine made by **Adi Badenhorst**
served with soda, fresh orange, rosemary & bitters **R60**

G'nTs

classic single **R40** | double **R60** | jug **R150**

clemengold orange & mint single **R58** | double **R85** | jug **R220**

musgrave pink single **R58** | double **R85** | jug **R220**

COCKTAILS

Strongbow Berry Cider Cocktail

vodka, lime, sugar syrup & fresh mint **R65**

BUBBLES

miss molly brut **R260**

miss molly rosé **R280**

Simonsig Kaapse Vonkel brut **R365**

Pierre Jordaan Brut 375ml bottle (3 glasses) **R150**

Bucks Fizz 375ml bubbly + 500ml carafe of OJ **R199**

VINOLOGIST

wines with origin

R35 per glass / **R140** per bottle

swartland **syrah**

stellenbosch **cabernet sauvignon**

franschhoek **merlot**

swartland **red blend**

swartland **chenin blanc**

cape town **sauvignon blanc**

swartland **rosé**

corkage
R50

