

- café Roux is open select nights, staging SA's top musicians & comedians as well as screening inspiring lifestyle films & thought provoking wellness talks; visit [caferouxsessions.co.za](http://caferouxsessions.co.za) for the lineup

# café Roux

## lunch & dinner

lunch 12– 3.30pm; dinner 5pm–9pm

**breakfast** last orders 11am

### seasonal fruit & yoghurt with toasted coconut

full cream yoghurt | honey | seasonal fruit **R65**  
add *homemade gluten-free (GF) granola* **add R13**

### acai berry smoothie bowl (vegan)

acai berry | banana | mixed berries | dates | almond milk | pineapple | toasted coconut **R99**

### chocolate peanut butter smoothie bowl (vegan)

raw cacao | peanut butter | cacao nibs | dates | banana coconut milk | pineapple | seasonal berries | toasted coconut **R90**

### freshly baked breakfast croissants

cream cheese | smoked trout | rocket | capers **R99**  
bacon | rocket | fresh tomato | parmesan mayo **R84**  
*substitute croissant with toasted wholewheat*

### shakshuka

tomato | peppers | red kidney beans | onion | chipotle chilli cumin | fried OR poached eggs | feta | rocket | toast **R88**  
add *chorizo* **add R16**

### breakfast pizza

mozzarella | tomato base | bacon | chorizo | mushrooms rosa tomato | rocket | soft egg (optional) **R112**  
*all our pizzas are available throughout the day*

### low carb green omelette

courgette | spinach | gruyere | feta | rocket | 100% rye **R97**

### everyday breakfast

eggs | bacon | tomato | chipolata | mushrooms | toast **R95**

### breakfast bomb

**half portion R58 / full R102**

eggs | bacon | chipolata | rocket | asian sauce | toast

### eggs benedict

courgette & potato rosti | bacon | hollandaise | poached eggs | chives **R95**  
*substitute bacon for smoked trout* **R110**  
*substitute rosti for grilled field mushroom (carb-free)*

### everyday omelette

bacon | cheddar | rosa tomatoes | mushrooms | toast **R99**

- Wholewheat, rye, sourdough or farmer's white where specified
- our eggs are free-range
- Substitute egg, sausage & bacon for scrambled tofu (vegan)

### today's soup

### poké bowl

*priced from: starter R92 / main R150*  
sashimi\* | spring onion | rice | edamame | radish | cucumber kewpie dressing | carrot | sesame | coriander | ginger | cashew  
\* *check availability as we only use the freshest catch available*

### vegan buddha bowl (gluten-free)

*starter or main R64 / R110*  
exotic mushrooms | quinoa | spring onion | cashew | ginger kale | sesame | carrot | radish | ponzu | coriander | cucumber

### chicken & edamame buddha bowl

*starter or main R68 / R118*  
free-range chicken | rice | edamame | kale | red onion carrot | ginger | sprouts | cashew | kewpie dressing | sesame

### power salad (gluten-free)

*starter or main R66 / R112*  
quinoa | spinach | sprouts | broccoli | rocket | toasted seeds feta OR homemade almond cheese (vegan) | mint dressing

### goddess chicken salad

*starter or main R64 / R110*  
free-range chargrilled chicken | cos lettuce | beans | spring onion | tomato | creamy Parmesan dressing | feta | crispy onion

### asian beef & noodle salad

*starter or main R70 / R132*  
seared beef | vermicelli | red cabbage | peppers | orange coriander | pickled ginger | rocket | asian dressing

### café roux cheese burger

handmade beef patty | lettuce | tomato | gherkin | white cheddar | seeded bun | skinny fries OR side salad **R109**  
add *mushroom sauce* **add R10**  
*sub bun for mushroom & bacon; sub fries for salad (banting)* **R118**

### mexican chicken burger

free-range chicken | corn salsa | chipotle mayo | white cheddar feta | rocket | seeded bun | skinny fries OR side salad **R120**

### vegetarian shroom burger

crumbed field mushroom | brie | garlic mayo | gherkin tomato | lettuce | seeded bun | skinny fries OR side salad **R116**

### vegan Beyond Burger™

plant-based Beyond Burger™ patty | vegan cheese | gherkin lettuce | tomato | seeded bun | skinny fries OR side salad **R150**

### vegan chickpea & aubergine curry

mild Moroccan spice | coconut milk | basmati | poppadom **R99**

- our pizza bases are handmade using eureka stoneground flour
  - naturally free from preservatives, additives & chemicals
  - gluten-free bases available at an extra R22
- please be mindful that we are not a pizza restaurant & to assist our small & busy kitchen we are unable to offer 'build your own'

### today's pasta

### steak & chips

250g rump steak | peppercorn sauce | red onion, rocket & feta salad | skinny fries **R127**

### café fish curry

ginger | tomato | spices | coconut milk | rice | poppadom **R168**

### today's ethically-sourced fish \* check availability

### thin-based gourmet pizzas *pizza served all day until kitchen closes*

### plain jane *great for sharing*

plain pizza base | olive oil | garlic | herbs | feta (optional add R12) **R135**

### marguerita homemade tomato paste | mozzarella | basil **R150**

### mainstream bacon | avo | feta | sundried tomato | rocket **R72**

**quattro** marinated artichokes | mushrooms | olives | peppers mozzarella OR homemade almond cheese (vegan) **R130**  
add *salami* **R22**

**all-day breakfast pizza** bacon | chorizo | mushrooms | rosa tomato | rocket | soft egg (optional) **R122**

### light meals *check availability*

### bran & raisin muffin **R112**

### giant buttermilk scone **R30**

### today's quiche with side salad **R42**

### something sweet

**black forest eton mess** **R70**  
vanilla ice cream | brownie bits | meringue | berry coulis

### chunky chocolate brownie **R52**

vanilla ice cream | chocolate sauce | chocolate shavings

### sticky malva pudding butterscotch sauce | vanilla ice cream **R52**

### chocolate sundae **R52**

ice cream | chocolate brownie | chocolate sauce | flake

**Be sure to check the cake selection for availability**

- Instagram: @caferoux1 \* facebook.com/caferoux
- We are available for private parties & functions
- Be sure to check the cake selection for availability
- **café Roux Sessions is sponsored by The Wolftrap Wine**

# café Roux

## kiddies

**breakfast** last orders 11am

**egg & bacon roll** free-range fried egg | bacon | bun **R32**

**cheesy omelette with 1 slice of toast** **R42**

**rise 'n shine** egg (scrambled or fried) | 1 slice of toast add bacon **R32**  
**R18**

**lunch** below items available for breakfast or lunch

**marguerita pizza** (no herbs & no fresh tomato) **R46**  
add bacon / gypsy ham / salami **R18 / R22 / R22**

**hawaiian pizza** **R68**  
basic tomato paste | mozzarella | gypsy ham | pineapple

**kiddies burger** not available during breakfast **R60**  
pure beef patty & roll with 1 side  
add cheddar cheese **add R8**

**chipolata porkies with 1 side** **R54**

**spaghetti bolognese** **R68**

**toasties with choice of 1 side**  
served on wholewheat, sourdough or farmhouse white cheese **R56**  
cheese & ham **R60**  
chicken mayo **R64**

**sides:** carrot strips & cucumber | skinny fries

**ice cream in a cone (strawberry, vanilla or chocolate)** **R24**  
**ice cream & homemade chocolate sauce** **R40**

**coffee**  
unsweetened almond and soya milk available **add R5**

filter coffee, macchiato, espresso, **R18**

americano **R21**

cappuccino, flat white **R26 / R35**

cortado **R24**

mocha - espresso, milk, chocolate **R36**

latte, rooibos latte **R29**

## tea

ceylon | rooibos | fresh garden mint | mint | camomile  
green tea | english breakfast | earl grey **R18**

## other hot beverages

hot chocolate **R35**

dirty chai **R35**

baby chino **R8**

frothed milk in an espresso cup

chai latte **R30**

irish coffee **R48**

## cold beverages

sparkling water 440ml / 750ml **R25 / R32**

still water 440ml / 750ml **R25 / R32**

fruit juice **R24**

orange | mango | apple | cranberry | fruit cocktail

kiddies box juice (apple) **R18**

rock shandy **R42**

bos organic rooibos iced teas **R28**

lemon | peach | berry | lime & ginger

pura **R16**

cucumber & lime | lemon & elderflower

milkshakes kids / adults **R40 / R45**

milo | chocolate | strawberry | vanilla

frappachino **R45**

espresso with ice cream

dom pedro **R48**

banana & wheatgerm smoothie kids / adults **R42 / R48**

banana | wheatgerm | honey | yoghurt

berry smoothie kids / adults **R42 / R48**

mixed berries | fresh mint | yoghurt | apple juice | honey

## house wine **R95 / R25**

the wolftrap white, western cape

the wolftrap red, western cape

the wolftrap rosé, western cape



## white wine & rosé wine

porcupine ridge sauvignon blanc, western cape **R95 / R25**

klein constantia 'kc' sauvignon blanc, western cape **R188 / R49**

vinologist sauvignon blanc, cape town **R130 / R35**

lomond sauvignon blanc, cape agulhus **R192 / R49**

journey's end 'haystack' chardonnay, somerset west **R192 / R49**

vinologist chenin blanc, swartland **R130 / R35**

mulderbosch 'steen op hout' chenin, western cape **R172**

vinologist rosé, swartland **R130 / R35**

lomond rosé, cape agulhus **R200**

## red wine

vinologist cabernet sauvignon, stellenbosch **R130 / R35**

ernie els 'big easy' cabernet sauvignon, western cape **R188 / R49**

porcupine ridge merlot, coastal region **R110 / R30**

rickety bridge merlot, franschhoek **R252 / R64**

porcupine ridge syrah, swartland **R110 / R30**

journey's end 'the huntsman' shiraz, somerset west **R215 / R55**

doolhof 'cape boar' (cab/merlot), wellington **R160 / R42**

the chocolate block, swartland **R265**

## sparkling wine

philip jonker brut 'entheos' mcc, bonnievale **R303 / R50**

moreson 'miss molly', western cape **R258**

moreson 'miss molly' rose, franschhoek **R278**

steenberg 1682 mcc, western cape **R395**

## artisanal gin & cocktails

all our G&T's & cocktails are made with Fitch & Leedes

**the royal** **R65**

sugarbird juniper 'purple' | tonic | pink peppercorns | cucumber

**the citrus** **R65**

clemengold | tonic | mint | fresh orange

**pink lady** **R65**

musgrave pink | pink tonic | pink peppercorns | cucumber

**blue magic** **R65**

six dogs 'blue' | tonic | crushed juniper | cucumber

**the virgin** **R45**

duchess alcohol-free gin | mint | orange

**artisanal rum mojito** **R65**

copeland rum | fresh lime | mint | soda | sugar syrup

**strongbow berry cider cocktail** **R65**

strongbow berry cider | vodka | fresh lime | mint | sugar syrup