

- café Roux is open select nights, staging SA's top musicians & comedians as well as screening inspiring films & thought provoking talks; visit caferouxsessions.co.za for the lineup

café Roux

lunch & dinner

lunch 12– 3.30pm; dinner 6.30-9pm

breakfast served until 11.30

choco-banana chia pot (vegan)

chia | coconut & almond milk | raw cacao | banana | maple syrup | vanilla | cinnamon | coconut flakes | seasonal fruit **R74**

seasonal fruit & yoghurt with toasted coconut

full cream yoghurt | raw honey | seasonal fruit **R61**
add homemade gluten-free (GF) granola **add R13**

power smoothie bowl (vegan)

banana | spinach | pineapple | avo | coconut milk | mint almond butter | basil | GF seed & nut granola | seasonal fruit **R80**

New York-style bagel

cream cheese | smoked trout | rocket | capers **R85**

BLT bagel with avo

bacon | rocket | tomato | parmesan mayo | avo **R78**

breakfast pizza

mozzarella | tomato base | bacon | egg (optional) | chorizo mushrooms | rosa tomato | rocket **R93**

shakshuka

tomato | peppers | red kidney beans | onion | chipotle chilli cumin | fried OR poached eggs | feta | rocket | toast **R85**
add chorizo **add R8**

low carb green omelette

courgette | spinach | gruyere | feta | rocket | 100% rye **R96**

everyday breakfast

eggs | bacon | tomato | chipolata | mushrooms | toast **R93**

all day breakfast bomb

eggs | bacon | avocado | chipolata | rocket | mildly spiced asian sauce | toast **R100**

eggs benedict

half bagel OR courgette & potato rosti | bacon | poached eggs | hollandaise | chives **R83**
substitute bacon for smoked trout **R100**
substitute bagel / rosti for grilled field mushroom (carb-free)

everyday omelette

bacon | cheddar | rosa tomatoes | mushrooms | toast **R96**

- Wholewheat, rye or sourdough toast where specified
- our eggs are free-range
- Substitute egg, sausage & bacon for scrambled tofu (vegan)

today's soup

poké bowl

sashimi* | spring onion | rice | avo | radish | cucumber | kewpie & ponzu dressing | carrot | sesame | coriander | ginger | cashew
* check availability as we only use the freshest catch available

vegan buddha bowl (gluten-free)

exotic mushrooms | quinoa | spring onion | cashew | ginger | kale sesame | carrot | radish | ponzu | coriander | cucumber

chicken, kale & avocado buddha bowl

free-range chicken | rice | avocado | kale | red onion | carrot | ginger | sprouts | cashew | kewpie dressing | sesame

power salad (gluten-free)

quinoa | spinach | sprouts | avocado | rocket | toasted seeds | feta OR homemade almond cheese (vegan) | mint dressing

goddess chicken & avocado salad

free-range chargrilled chicken | cos | avocado | spring onion | tomato | creamy Parmesan dressing | feta | crispy onion

asian beef & noodle salad

seared beef | vermicelli | red cabbage | peppers | orange coriander | pickled ginger | rocket | asian dressing

café roux cheese burger

handmade beef patty | lettuce | tomato | gherkin | white cheddar | seeded bun | skinny fries OR sweet potato fries
substitute bun for brown mushroom & fries for salad (no carb) **R116**
add mushroom sauce **add R10**

mexican chicken burger

free-range chicken | avo | corn salsa | chipotle mayo | cheddar | feta | rocket | seeded bun | skinny fries OR sweet potato fries

the original shroom burger

crumbed field mushroom | brie | garlic mayo | gherkin | tomato | seeded bun | skinny fries OR sweet potato fries

today's pasta

steak & chips

250g rump steak | peppercorn sauce | red onion, rocket & feta salad | skinny fries OR sweet potato fries

vegan chickpea & aubergine curry

mild Moroccan spice | coconut milk | basmati | poppadom

R56

café fish curry

ginger | tomato | spices | coconut milk | rice | poppadom

today's ethically-sourced fish * check availability

thin-based gourmet pizzas

pizza bread for the table

plain pizza base | olive oil | garlic | herbs | feta (optional add R12)

No.1 marguerita

homemade tomato paste | mozzarella | fresh basil

No. 2 streaky bacon | fresh avocado | feta | rocket

No. 3 marinated artichokes | mushrooms | olives | peppers

mozzarella OR homemade almond cheese (vegan) **R128**
add salami **R22**

extra chilli / garlic **R5**

little people

egg & bacon roll free-range fried egg | bacon | bun

cheesy omelette with 1 slice of toast

rise 'n shine egg (scrambled or fried) | 1 slice of toast
add bacon **R32**
R18

nutella bagel

marguerita pizza (no herbs & no fresh tomato)

hawaiian pizza

homemade tomato paste | mozzarella | gypsy ham | pineapple

this little piggy pizza

homemade tomato paste | mozzarella | bacon, gypsy ham OR salami

basic burger (only a patty & roll) with 1 side
add cheese, lettuce, gherkin & tomato **R54**
add R12

chipolata porkies with 1 side

pesto spaghetti

additional sides: carrot strips | cucumber | sweet potato fries

R126

R147

R65

R72

R120

R128
R22

R5

R30

R40

R32
R18

R40

R45

R55

R58

R54
add R12

R51

R50

• Twitter & Instagram: @caferoux1 * facebook.com/caferoux

- We are available for private parties & functions
- Be sure to check the cake selection for availability
- **café Roux Sessions is sponsored by Wolftrap**

something sweet

black forest eton mess vanilla ice cream chocolate brownie bits meringue homemade berry coulis	R51
chunky chocolate brownie vanilla ice cream chocolate sauce chocolate shavings	R51
sticky cape malva pudding butterscotch sauce vanilla ice cream	R51
ice cream & homemade chocolate sauce	R39
chocolate sundae ice cream chocolate brownie chocolate sauce flake	R51
flourless chocolate cake	R51
carrot cake with cream-cheese icing <i>gluten-free & refined-sugar free</i>	R52
berry cheesecake <i>gluten-free, refined-sugar free, vegan</i>	R52
lemon meringue	R45
baked lemon cheesecake	R47
bran & raisin muffin	R26
giant buttermilk scone	R40
today's quiche	R69
Las Paletas artisan ice lollies (100% natural sorbet)	R23
coffee <i>unsweetened almond and soya milk available</i>	add R5
filter coffee, macchiato, espresso, americano	R18 R21
cappuccino, flat white	R26
cortado	R24
mocha - espresso, milk, chocolate	R36
latte, rooibos latte	R29

café Roux

tea

ceylon rooibos fresh garden mint	R15
camomile green tea english breakfast earl grey	R18

other hot beverages

hot chocolate	R32
baby chino frothed milk in an espresso cup	R7
chai latte	R30
irish coffee	R46

cold beverages

sparkling water 500ml	R24
sparkling water 1 litre	R32
still water 500ml	R24
still water 1 litre	R32
fruit juice orange mango apple cranberry fruit cocktail	R22
rock shandy	R42
bos organic rooibos iced teas lemon peach berry lime & ginger	R28
pura (sugar-free) cucumber & lime lemon & elderflower	R16
milkshakes milo chocolate strawberry vanilla	R42
frappachino espresso with ice cream	R42
dom pedro	R46
banana & wheatgerm smoothie banana wheatgerm honey yoghurt	R45
berry smoothie mixed berries fresh mint yoghurt apple juice honey	R45

house wine

wolftrap white, franschhoek	R131 / R35
wolftrap red, franschhoek	
wolftrap rose, franschhoek	



white wine

porcupine ridge sauvignon blanc, franschhoek	R131 / R35
klein constantia 'kc' sauvignon blanc, constantia	R180 / R47
two dogs, a peacock & a horse sauvignon blanc	R208 / R54
lomond sauvignon blanc, cape agulhus	R180
iona, elgin	R324
porcupine ridge chardonnay, franschhoek	R131 / R35
journey's end 'haystack' chardonnay, stellenbosch	R180 / R48
secateurs chenin blanc, swartland	R175 / R45
buitenverwachting 'buiten blanc', constantia	R139 / R39

red wine

ernie els 'big easy' cabernet sauvignon, stellenbosch	R185 / R50
fleur du cap cabernet sauvignon, stellenbosch	R212
porcupine ridge merlot, franschhoek	R150 / R41
rickety bridge merlot, franschhoek	R232 / R57
porcupine ridge shiraz, franschhoek	R150 / R41
waterkloof 'peacock' shiraz, somerset west	R155
groote post shiraz, darling	R284
cape boar doolhof (cab/merlot), wellington	R159 / R42
chamonix rouge (cab/merlot/melbec/petit verdot)	R215 / R55

rose & sparkling wine

rickety bridge 'foundation stone', franschhoek	R178 / R47
lomond rosé, cape agulhus	R195
moreson 'miss molly', franschhoek	R250
moreson 'miss molly' rose, franschhoek	R270
steenbergh 1682, constantia	R380

artisanal gin

all our G&T's are made with Fitch & Leedes tonic

the royal sugarbird juniper 'purple' tonic pink peppercorns cucumber	R60
the citrus clemengold tonic garden mint fresh orange	R65
the african sugarbird cape fynbos tonic rosemary crushed juniper	R60
pink lady musgrave pink pink tonic pink peppercorns cucumber	R60
blue magic six dogs 'blue' tonic crushed juniper cucumber	R60
the virgin duchess alcohol-free gin tonic garden mint orange	R45